



## Sunday Proper 19

September 15, 2024

*Please stand as you are able*

**Processional Hymn**

**Glorius Things Of Thee Have Spoken**

**H522**

1 Glorious things of thee are spoken, Zion, city of our God;  
he whose word cannot be broken formed thee for his own abode;  
on the Rock of Ages founded, what can shake thy sure repose?  
With salvation's walls surrounded, thou may'st smile at all thy foes.

2 See! the streams of living waters, springing from eternal love,  
well supply thy sons and daughters and all fear of want remove.  
Who can faint, when such a river ever will their thirst assuage?  
Grace which, like the Lord, the giver, never fails from age to age.

4 Blest inhabitants of Zion, washed in the Redeemer's blood!  
Jesus, whom their souls rely on, makes them kings and priests to God.  
'Tis his love his people raises over self to reign as kings:  
and as priests, his solemn praises each for a thank-offering brings.

*Deacon* Blessed be God: Father, Son, and Holy Spirit.

**All** **And blessed be his kingdom, now and forever. Amen**

*Deacon* Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid.  
Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may  
perfectly love you, and worthily magnify your holy name; through Christ our Lord. **Amen.**

**All** **Glory to God in the highest, and peace to his people on earth. S280**  
**Lord God, heavenly King, almighty God and Father,**  
**we worship you, we give you thanks, we praise you for your glory.**  
**Lord Jesus Christ, only Son of the Father,**  
**Lord God, Lamb of God, you take away the sin of the world:**  
**have mercy on us;**  
**you are seated at the right hand of the Father:**  
**receive our prayer.**  
**For you alone are the Holy One,**  
**you alone are the Lord,**  
**you alone are the Most High, Jesus Christ,**  
**with the Holy Spirit, in the glory of God the Father. Amen.**

*Deacon* The Lord be with you.

**People** **And also with you.**

*Deacon* Let us pray.

O God, because without you we are not able to please you, mercifully grant that your Holy Spirit may in all things direct and rule our hearts; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. **Amen.**

*Please be seated*

## THE PROCLAMATION OF THE WORD

**The First Lesson    Isaiah 50: 4-9**

Lay Reader A reading from the book of the Prophet Isaiah...

The Lord GOD has given me the tongue of a teacher, that I may know how to sustain the weary with a word. Morning by morning he wakens — wakens my ear to listen as those who are taught. The Lord GOD has opened my ear, and I was not rebellious, I did not turn backward. I gave my back to those who struck me, and my cheeks to those who pulled out the beard; I did not hide my face from insult and spitting. The Lord GOD helps me; therefore I have not been disgraced; therefore I have set my face like flint, and I know that I shall not be put to shame; he who vindicates me is near. Who will contend with me? Let us stand up together. Who are my adversaries? Let them confront me. It is the Lord GOD who helps me; who will declare me guilty? All of them will wear out like a garment; the moth will eat them up...The Word of the Lord...

**All Thanks be to God.**

#### **Psalm 116: 1-8**

- 1 I love the Lord, because he has heard the voice of my supplication, \*  
**because he has inclined his ear to me whenever I called upon him.**
- 2 The cords of death entangled me; the grip of the grave took hold of me; \*  
**I came to grief and sorrow.**
- 3 Then I called upon the Name of the Lord: \*  
**"O Lord, I pray you, save my life."**
- 4 Gracious is the Lord and righteous; \*  
**our God is full of compassion.**
- 5 The Lord watches over the innocent; \*  
**I was brought very low, and he helped me.**
- 6 Turn again to your rest, O my soul, \*  
**for the Lord has treated you well.**
- 7 For you have rescued my life from death, \*  
**my eyes from tears, and my feet from stumbling.**
- 8 I will walk in the presence of the Lord \*  
**in the land of the living.**

#### **The Second Lesson James 3: 1-12**

Lay Reader A reading from The letter of James...

Not many of you should become teachers, my brothers and sisters, for you know that we who teach will be judged with greater strictness. For all of us make many mistakes. Anyone who makes no mistakes in speaking is perfect, able to keep the whole body in check with a bridle. If we put bits into the mouths of horses to make them obey us, we guide their whole bodies. Or look at ships: though they are so large that it takes strong winds to drive them, yet they are guided by a very small rudder wherever the will of the pilot directs. So also the tongue is a small member, yet it boasts of great exploits. How great a forest is set ablaze by a small fire! And the tongue is a fire. The tongue is placed among our members as a world of iniquity; it stains the whole body, sets on fire the cycle of nature, and is itself set on fire by hell. For every species of beast and bird, of reptile and sea creature, can be tamed and has been tamed by the human species, but no one can tame the tongue — a restless evil, full of deadly poison. With it we bless the Lord and Father, and with it we curse those who are made in the likeness of God. From the same mouth come blessing and cursing. My brothers and sisters, this ought not to be so. Does a spring pour forth from the same opening both fresh and brackish water? Can a fig tree, my brothers and sisters, yield olives, or a grapevine figs? No more can salt water yield fresh...The Word of the Lord...

**All Thanks be to God.**

*Please stand as you are able*

**Gospel Hymn**

**O Love, How Deep, How Broad, How High**

**H448**

1 O love, how deep, how broad, how high,  
how passing thought and fantasy,  
that God, the Son of God, should take  
our mortal form for mortals' sake!

3 For us he prayed; for us he taught;  
for us his daily works he wrought:  
by words and signs and actions, thus  
still seeking not himself, but us.

6 All glory to our Lord and God  
for love so deep, so high, so broad;  
the Trinity whom we adore  
for ever and for evermore.

*Presider* The Holy Gospel of our Lord Jesus Christ according to Mark.  
**All** **Glory to you, Lord Christ.**

**Gospel Reading Mark 8: 27-38**

Jesus went on with his disciples to the villages of Caesarea Philippi; and on the way he asked his disciples, "Who do people say that I am?" And they answered him, "John the Baptist; and others, Elijah; and still others, one of the prophets." He asked them, "But who do you say that I am?" Peter answered him, "You are the Messiah." And he sternly ordered them not to tell anyone about him. Then he began to teach them that the Son of Man must undergo great suffering, and be rejected by the elders, the chief priests, and the scribes, and be killed, and after three days rise again. He said all this quite openly. And Peter took him aside and began to rebuke him. But turning and looking at his disciples, he rebuked Peter and said, "Get behind me, Satan! For you are setting your mind not on divine things but on human things." He called the crowd with his disciples, and said to them, "If any want to become my followers, let them deny themselves and take up their cross and follow me. For those who want to save their life will lose it, and those who lose their life for my sake, and for the sake of the gospel, will save it. For what will it profit them to gain the whole world and forfeit their life? Indeed, what can they give in return for their life? Those who are ashamed of me and of my words in this adulterous and sinful generation, of them the Son of Man will also be ashamed when he comes in the glory of his Father with the holy angels."

*Presider* The Gospel of the Lord.  
**All** **Praise to you, Lord Christ**

*Please be seated*

**Sermon**

**Reverend Debra Loder**

**The Nicene Creed**

**We believe in one God, the Father Almighty, maker of heaven and earth, of all that is seen and unseen. We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried, On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end. We believe in the Holy Spirit, the Lord and giver of life, who proceeds from the Father and the Son. With the Father and the Son he is worshiped and glorified. He has spoken through the Prophets. We**

**believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.**

## **A LITANY FOR HEALING**

Leader God the Father, your will for all people is health and salvation;  
**People We praise you and thank you, O Lord**

Leader God the Son, you came that we might have life, and might have it more abundantly;  
**People We praise you and thank you, O Lord**

Leader God the Holy Spirit, you make our bodies the temple of your presence;  
**People We praise you and thank you, O Lord**

Leader Holy Trinity, one God, in you we live and move and have our being;  
**People We praise you and thank you, O Lord**

Leader Lord, grant your healing grace to all who are sick, injured, or disabled, that they may be made whole;  
**People Hear us, O Lord of life.**

Leader Grant to all who seek your guidance, and to all who are lonely, anxious, or despondent, a knowledge of your will and an awareness of your presence;  
**People Hear us, O Lord of life.**

Leader Mend broken relationships, and restore those in emotional distress to soundness of mind and serenity of spirit;  
**People Hear us, O Lord of life.**

Leader Bless physicians, nurses, and all others who minister to the suffering, granting them wisdom and skill, sympathy and patience;  
**People Hear us, O Lord of life.**

Leader Grant to the dying peace and a holy death, and uphold by the grace and consolation of your Holy Spirit those who are bereaved;  
**People Hear us, O Lord of life.**

Leader Restore to wholeness whatever is broken by human sin, in our lives, in our nation, and in the world;  
**People Hear us, O Lord of life.**

Leader You are the Lord who does wonders:  
**People You have declared your power among the peoples.**

Leader With you, O Lord, is the well of life:  
**People And in your light we see light.**

Leader Hear us, O Lord of life:  
**People Heal us, and make us whole.**

*A period of silence follows. The Deacon concludes the Prayers with the following:*

*Deacon* Almighty and eternal God, ruler of all things in heaven and earth: Mercifully accept the prayer of your people, and strengthen us to do your will; through Jesus Christ our Lord. Amen.

**People Amen.**

*The minister may invite each person to be anointed to give their name and any particular request for prayer. The minister then lays hands upon the person and anoints them. The minister concludes with the following:*

*Deacon* May God who is a strong tower to all, to whom all things in heaven and on earth bow and obey, be now and evermore your defense, and help you to know that the name given to us for health and salvation is the Name of our Redeemer, Jesus Christ.

**People Amen**

*Deacon* Let us confess our sins against God and our Neighbor.

**All** Most merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole hearts; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us; that we may delight in your will, and walk in your ways, to the glory of your Name. Amen.

*Deacon* Almighty God have mercy on us, forgive our sins through our Lord Jesus Christ, strengthen us in all goodness, and by the power of the Holy Spirit keep us in eternal life. Amen.

*Deacon* The peace of the Lord be always with you.

**All** And also with you.

**Congregational Song** Let There Be Peace on Earth (text located on the back page of the hymnal)

## THE SERVICE OF THE TABLE

*Please sit, stand or kneel as you are able for the Eucharistic prayer*

*Offertory Sentence* Walk in love as Christ loved us and gave himself for us an offering and sacrifice to God.

*Offertory Music*

**All** Praise God from whom all blessings flow;  
Praise Him all creatures here below;  
Praise Him above ye, Heavenly host;  
Praise Him, Father, Son, and Holy Ghost. Amen.

*Deacon* The Lord be with you.

**All** And also with you.

*Deacon* Lift up your hearts.

**All** We lift them to the Lord.

*Deacon* Let us give thanks to the Lord our God.

**All** It is right to give God thanks and praise.

*The Deacon proceeds:*

Almighty Father, whose dear Son, on the night before he suffered, instituted the Sacrament of his Body and Blood: Mercifully grant that we may receive it thankfully in remembrance of Jesus Christ our Lord, who in these holy mysteries gives us a pledge of eternal life.

May this sacrament of praise and thanksgiving bring us forgiveness of our sins, strength in our weakness and everlasting salvation. Assure us of your mercy, and sanctify us by your heavenly grace; that we, approaching you with a pure heart and cleansed conscience, may offer you ourselves, our souls and bodies, to your glory. Blessed be your holy name for ever, through Jesus Christ our Lord.

**All** Amen.

*Deacon* And now, as our Savior Christ has taught us, we are bold to say,

**All** Our Father, who art in heaven, hallowed be thy name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, the power, and the glory, for ever and ever. Amen.

*Deacon* The gifts of God for the people of God. Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.



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## COMMUNION OF THE PEOPLE

*Everyone is welcome to receive the bread and wine of Christ's Body and Blood. The wine will be offered by intinction, which means that you may dip the wafer into the small cup of wine offered by the Deacon. Please do not put your fingers into the wine. If you do not wish to receive the wine, just receive the wafer and return to your seat. The Church teaches that you receive the full Christ in either the bread or wine. There is no requirement to receive both. **Gluten free wafers are available upon request.***

*Deacon* The Body of Christ, the bread of heaven.

**Communicant** Amen.

*Deacon* The Blood of Christ, the cup of salvation.

**Communicant** Amen.

## CLOSING PRAYER

*Presider* Let us pray.

**All** **Eternal God, heavenly Father, you have graciously accepted us as living members of your Son our Savior Jesus Christ, and you have fed us with spiritual food in the Sacrament of his Body and Blood. Send us now into the world in peace, and grant us strength and courage to love and serve you with gladness and singleness of heart; through Christ our Lord. Amen.**

## THE BLESSING

The Lord bless us and keep us.

The Lord make his face to shine upon us and be gracious to us..

The Lord lift up his countenance upon us and give us peace. **Amen**

## Closing Hymn

## The Church's One Foundation

H525

- 1 The Church's one foundation is Jesus Christ her Lord;  
she is his new creation by water and the word:  
from heaven he came and sought her to be his holy bride;  
with his own blood he bought her, and for her life he died.
- 2 Elect from every nation, yet one o'er all the earth,  
her charter of salvation, one Lord, one faith, one birth;  
one holy Name she blesses, partakes one holy food,  
and to one hope she presses, with every grace endued.
- 4 Mid toil and tribulation, and tumult of her war  
she waits the consummation of peace for evermore;  
till with the vision glorious her longing eyes are blessed,  
and the great Church victorious shall be the Church at rest.

*Deacon* Let us go forth in the name of Christ. Alleluia!

**All** **Thanks be to God. Alleluia!**

Postlude

Please remain in your seat until the videographer raises an arm to indicate the recording has ended.

***Thank you for worshipping with us today!***

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## Family & Friends Prayer List

Jane & Ann Morton for healing and comfort  
Jason for comfort and healing  
Mike for healing and recovery  
Cathy Downs for healing and recovery  
Susan Shippy for healing and recovery  
Lt. Col. Dellwyn Davis for healing and recovery  
Sheryl Cooper for healing and comfort

*The above name will stay on this list for up to four weeks. If someone needs to remain on this list for a longer period, or to have others added to this list, please contact the church office.*

## Ongoing List

Calvin Werbelow  
George Toschak  
Hartley Bennett  
Sandy Schlege, Betty Hanson  
All first responders  
All Healthcare workers  
All funeral directors and staff  
Peace for the people of Gaza, Israel, Ukraine and Russia

## Military Prayer List

All members of the Armed Forces, especially those serving overseas

<b>U.S. Air Force</b>	Colby	Harlan
	KayLee	Thomas
<b>U.S. Navy</b>	Caleb	Landon
	McKenzie	

## Worship Ministry

<b>Sunday 9/15</b>	<b>Rev. Debra Loder</b>
Acolyte	Michael Campbell
Altar Guild	Erica Baxter
Usher	John Carr
Lector	Linda Brockwell
Bishop's Committee	Erica**/Randy
<b>Sunday, 9/22</b>	<b>Rev. Mike Seiler</b>
Acolyte	Michael Campbell
Altar Guild	Mary Piccinini
Usher	Linda Brockwell
Lector	Dave Loder
Bishop's Committee	Kelly/Randy**

## Schedule

Morning Prayer - Wednesday-Friday 7:30 am  
Morning Prayer and Breakfast - Second Thursday in the month - 7:30 am  
Anglican Rosary - every Thursday @ 1 pm  
Taizé Service - 1<sup>st</sup> Wednesday of the month 6 pm in the church

## Announcements

Coffee Hour - ECW



### Upcoming:

9/15 Eucharist with Healing Prayer  
9/15 Parish Nurse  
9/17 ECW Meeting  
9/29 Project Salt Luncheon  
9/23 Newsletter articles are due  
10/04 Blessing of the Animals @ 1 pm  
10/06 Birthday Celeb  
10/15 ECW hosted Luncheon w/Presbyterian Women  
10/19 Diocese Convention

Share the Taize Service with a friend

Reminding everyone that *Adult Forum* at 9:15 in the Parish Hall. All are welcome.

Project SALT Food for 9/22: Pasta, Rice, Pasta Mixes, Rice Mixes



Bishop  
Deacon/ Vicar  
Deacon  
Music Director  
Office Manager  
Senior Warden  
Junior Warden  
Treasurer

The Rt. Rev. Jennifer Reddall  
The Rev. Mike Seiler  
The Rev. Debra Loder  
Caroline Marham  
Ellen Richards  
Kelly Ryan  
Fred Poteet  
Linda Brockwell

### Members-at-Large

Erica Baxter Randy Brown Patti Glinski  
Caroline Markham Deb McBride

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Office Hours Monday - Thursday 8-12 am  
Mike's Hours Wednesday - Saturday 10:30 - 4:30.  
Sunday after service by appointment.  
Deacon Debra by appointment.

# What is Taizé Prayer?

Taizé Prayer is evening prayer. It is a meditative form of worship, that uses meditative songs; prayer, both silent and intercessory; and scripture readings to help us focus on Christ's presence within us, and all around us. The service takes place in a candle-lit environment that helps calm us from the anxieties of the day, so that we can come before God and rest in the presence of the Almighty.



Taizé Prayer is evening prayer for all Christian faiths, and helps to remind us that God is larger than our denominational differences. In Taizé Prayer, we can settle into God's presence as believers of all faiths, who seek to hear from God. As we pray silently, or as we offer intercessions for the church, the world, and our neighbors, we begin to realize that we are all one family in God, and that all of us are welcome in God's presence. Scripture readings allow us to contemplate God's word, and to be shaped by that Truth. The service at St. Alban's is structured to be free flowing. While the service officially begins at 6:00pm, you may arrive at any time. Please enter the church in silence. If you need to leave before the service wraps up, please leave in silence, so those that remain may continue in prayer.

Taizé Prayer is named for the ecumenical Christian community formed in Taizé, France during World War II. Today the Taizé community includes brothers from all Christian denominations, including Protestant, Catholic, and Orthodox traditions.

