



Proper 13, Eleventh Sunday after Pentecost

Prelude

Opening Hymn

Guide Me, O Thou Great Jehovah

H690

- 1 Guide me, O thou great Jehovah, pilgrim through this barren land;
I am weak, but thou art mighty; hold me with thy powerful hand;
bread of heaven, bread of heaven,
feed me now and evermore, feed me now and evermore.
- 2 Open now the crystal fountain, whence the healing stream doth flow;
let the fire and cloudy pillar lead me all my journey through;
strong deliverer, strong deliverer.
be thou still my strength and shield, be thou still my strength and shield.
- 3 When I tread the verge of Jordan, bid my anxious fears subside;
death of death, and hell's destruction, land me safe on Canaan's side;
songs of praises, songs of praises,
I will ever give to thee ,I will ever give to thee.

Presider Blessed be God: Father, Son, and Holy Spirit.

All **And blessed be his kingdom, now and forever.**

Presider Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid.
Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may
perfectly love you, and worthily magnify your holy name; through Christ our Lord. **Amen.**

All **Glory to God in the highest, and peace to his people on earth. S280**
Lord God, heavenly King, almighty God and Father,
we worship you, we give you thanks, we praise you for your glory.
Lord Jesus Christ, only Son of the Father,
Lord God, Lamb of God, you take away the sin of the world:
have mercy on us;
you are seated at the right hand of the Father:
receive our prayer.
For you alone are the Holy One,
you alone are the Lord,
you alone are the Most High, Jesus Christ,
with the Holy Spirit, in the glory of God the Father. Amen.

Presider The Lord be with you.

All **And also with you.**

Presider Let us pray.

Let your continual mercy, O Lord, cleanse and defend your Church; and, because it cannot
continue in safety without your help, protect and govern it always by your goodness; through
Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever
and ever.. *Amen*

THE PROCLAMATION OF THE WORD

First Lesson Exodus 16:2-4,9-15

Reader: A reading from the Book of Exodus ...

The whole congregation of the Israelites complained against Moses and Aaron in the wilderness. The Israelites said to them, "If only we had died by the hand of the LORD in the land of Egypt, when we sat by the fleshpots and ate our fill of bread; for you have brought us out into this wilderness to kill this whole assembly with hunger." Then the LORD said to Moses, "I am going to rain bread from heaven for you, and each day the people shall go out and gather enough for that day. In that way I will test them, whether they will follow my instruction or not. Then Moses said to Aaron, "Say to the whole congregation of the Israelites, 'Draw near to the LORD, for he has heard your complaining.'" And as Aaron spoke to the whole congregation of the Israelites, they looked toward the wilderness, and the glory of the LORD appeared in the cloud. The LORD spoke to Moses and said, "I have heard the complaining of the Israelites; say to them, 'At twilight you shall eat meat, and in the morning you shall have your fill of bread; then you shall know that I am the LORD your God.'" In the evening quails came up and covered the camp; and in the morning there was a layer of dew around the camp. When the layer of dew lifted, there on the surface of the wilderness was a fine flaky substance, as fine as frost on the ground. When the Israelites saw it, they said to one another, "What is it?" For they did not know what it was. Moses said to them, "It is the bread that the LORD has given you to eat...The Word of the Lord...

All Thanks be to God.

Psalm 78:23-29

- 23 So he commanded the clouds above *
and opened the doors of heaven.
- 24 He rained down manna upon them to eat *
and gave them grain from heaven.
- 25 So mortals ate the bread of angels; *
he provided for them food enough.
- 26 He caused the east wind to blow in the heavens *
and led out the south wind by his might.
- 27 He rained down flesh upon them like dust *
and winged birds like the sand of the sea.
- 28 He let it fall in the midst of their camp *
and round about their dwellings.
- 29 So they ate and were well filled, *
for he gave them what they craved.

The Second Lesson Ephesians 4:1-6

Reader: A reading from Paul's Letter to the Ephesians...

I therefore, the prisoner in the Lord, beg you to lead a life worthy of the calling to which you have been called, with all humility and gentleness, with patience, bearing with one another in love, making every effort to maintain the unity of the Spirit in the bond of peace. There is one body and one Spirit, just as you were called to the one hope of your calling, one Lord, one faith, one baptism, one God and Father of all, who is above all and through all and in all. But each of us was given grace according to the measure of Christ's gift. Therefore it is said, "When he ascended on high he made captivity itself a captive; he gave gifts to his people." (When it says, "He ascended," what does it mean but that he had also descended into the lower parts of the earth? He who descended is the same one who ascended far above all the heavens, so that he might fill all things.) The gifts he gave were that some would be apostles, some prophets, some evangelists, some pastors and teachers, to equip the saints for the work of ministry, for building up the body of Christ, until all of us come to the unity of the faith and of the knowledge of the Son of God, to maturity, to the measure of the full stature of Christ. We must no longer be children, tossed to and fro and blown about by every wind of doctrine, by people's trickery, by their craftiness in deceitful scheming. But speaking the truth in love, we must grow up in every way into him who is the head, into Christ, from whom the whole body, joined and knit together by every ligament with which it is equipped, as each part is working properly, promotes the body's growth in building itself up in love...The Word of the Lord...

All Thanks be to God.

- 1 Father, we thank Thee who hast planted Thy holy Name within our hearts.
 Knowledge and faith and life immortal Jesus Thy Son to us imparts.
 Thou, Lord, didst make all for Thy pleasure, didst give us food for all our days,
 giving in Christ the Bread eternal; Thine is the power, be Thine the praise.
- 2 Watch o'er Thy church, O Lord, in mercy, save it from evil, guard it still.
 Perfect it in Thy love, unite it, cleansed and conformed unto Thy will.
 As grain, once scattered on the hillsides, was in this broken bread made one,
 so from all lands Thy church be gathered into Thy kingdom by Thy Son.

Deacon The Holy Gospel of our Lord Jesus Christ according to John
 All **Glory to you, Lord Christ.**

Gospel Reading John 6:24-35

So when the crowd saw that neither Jesus nor his disciples were there, they themselves got into the boats and went to Capernaum looking for Jesus. When they found him on the other side of the sea, they said to him, "Rabbi, when did you come here?" Jesus answered them, "Very truly, I tell you, you are looking for me, not because you saw signs, but because you ate your fill of the loaves. Do not work for the food that perishes, but for the food that endures for eternal life, which the Son of Man will give you. For it is on him that God the Father has set his seal." Then they said to him, "What must we do to perform the works of God?" Jesus answered them, "This is the work of God, that you believe in him whom he has sent." So they said to him, "What sign are you going to give us then, so that we may see it and believe you? What work are you performing? Our ancestors ate the manna in the wilderness; as it is written, 'He gave them bread from heaven to eat.'"

Then Jesus said to them, "Very truly, I tell you, it was not Moses who gave you the bread from heaven, but it is my Father who gives you the true bread from heaven. For the bread of God is that which comes down from heaven and gives life to the world." They said to him, "Sir, give us this bread always." Jesus said to them, "I am the bread of life. Whoever comes to me will never be hungry, and whoever believes in me will never be thirsty..

Deacon The holy Gospel of the Lord.
 All **Praise to you, Lord Christ**

Sermon

The Rev. Michael Seiler

The Nicene Creed

We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.

We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried, On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end.

We believe in the Holy Spirit, the Lord and giver of life, who proceeds from the Father and the Son. With the Father and the Son he is worshiped and glorified. He has spoken through the Prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.

THE PRAYERS OF THE PEOPLE

- Leader: In peace, let us pray to the Lord, saying, "Lord, have mercy"
For the holy Church of God, that it may be filled with truth and love, and be found without fault at the day of your coming, we pray to you, O Lord.
- People: **Lord, have mercy.**
- Leader: For Michael, our Presiding Bishop, for Jennifer our own Bishop, for all bishops and other ministers, and for all the holy people of God, we pray to you, O Lord.
- People: **Lord, have mercy.**
- Leader: For the mission of the Church, that in faithful witness it may preach the Gospel to the ends of the earth, we pray to you, O Lord.
- People: **Lord, have mercy.**
- Leader: For those who do not yet believe, and for those who have lost their faith, that they may receive the light of the Gospel, we pray to you, O Lord.
- People: **Lord, have mercy.**
- Leader: For the peace of the world, that a spirit of respect and forbearance may grow among nations and peoples, we pray to you, O Lord.
- People: **Lord, have mercy.**
- Leader: For a spirit of reconciliation and right relationship with our Native American relatives, that we may be a healing presence in this place, we pray to you, O Lord.
- People: **Lord, have mercy.**
- Leader: For those in positions of public trust: Joe our President, and Katie, our Governor, that they may serve justice, and promote the dignity and freedom of every person, we pray to you, O Lord.
- People: **Lord, have mercy.**
- Leader: In the Diocesan Cycle of Prayer, we pray for blessings upon the people and leaders of Harbor Church in Phoenix.
- People: **Lord, have mercy.**
- Leader: For this *congregation* for those who are present, and for those who are absent, that we may be delivered from hardness of heart, and show forth your glory in all that we do, we pray to you, O Lord.
- People: **Lord, have mercy.**
- Leader: For all who have died in the communion of your Church, and those whose faith is known to you alone, that, with all the saints, they may have rest in that place where there is no pain or grief, but life eternal. We pray especially for _____ (*the congregation may add names and petitions.*). We pray to you, O Lord.
- People: **Lord, have mercy.**
- Leader: For the poor, the persecuted, the sick, and all who suffer; for refugees, prisoners, and all who are in danger; that they may be relieved and protected. We pray especially for _____ (*the congregation may add names and petitions.*) We pray to you, O Lord.
- People: **Lord, have mercy.**
- Leader: Rejoicing in the fellowship of all the saints, let us commend ourselves, and one another, and all our life to Christ our God.
- People: **To you, O Lord our God.**

A period of silence follows. The Presider concludes the Prayers with the following:

Presider Hasten, O Father, the coming of *thy* kingdom; and grant that we *thy* servants, who now live by faith, may with joy behold *thy* Son at his coming in glorious majesty; even Jesus Christ, our only Mediator and Advocate. *Amen.*

People **Amen.**

CONFESSION AND ABSOLUTION

Deacon Let us confess our sins against God and our neighbor.

All **Most merciful God, we confess that we have sinned against you in thought, word and deed, in what we have done, and in what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us; that we may delight in your will and walk in your ways, to the glory of your Name. Amen.**

Presider Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen.**

Presider The peace of the Lord be always with you.

All **And also with you.**

Congregational Song **Let There Be Peace on Earth** (*text is on the inside of the hymnal back cover*)

THE SERVICE OF THE TABLE

Please sit, stand or kneel for the Eucharistic prayer.

Offertory Sentence: *Through Christ let us continually offer to God the sacrifice of praise, that is, the fruit of lips that acknowledge his Name. But do not neglect to do good and to share what you have for such sacrifices are pleasing to God Hebrews 13:15,16*



Offertory Music

All **Praise God from whom all blessings flow;
Praise Him all creatures here below;
Praise Him above ye, Heavenly host;
Praise Father, Son, and Holy Ghost.**

Eucharistic Prayer A

BCP 361

Presider The Lord be with you.

People **And also with you.**

Presider Lift up your hearts.

All **We lift them to the Lord.**

Presider Let us give thanks to the Lord our God.

All **It is right to give God thanks and praise.**

The Presider proceeds:

It is a right and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth. Through Jesus Christ our Lord; who on the first day of the week overcame death and the grave, and by his glorious resurrection opened to us the way of everlasting life. Therefore, we praise you, joining our voices with Angels and Archangels, and with all the company of heaven, who forever sing this hymn to proclaim the glory of your Name.

All **Sanctus**
**Holy, holy, holy Lord, God of power and might,
heaven and earth are full of your glory.**

S127

**Hosanna in the highest.
Blessed is he who comes in the name of the Lord.
Hosanna in the highest.**

The Presider continues:

Holy and gracious Father: In your infinite love you made us for yourself; and, when we had fallen into sin and become subject to evil and death, you, in your mercy, sent Jesus Christ, your only and eternal Son, to share our human nature, to live and die as one of us, to reconcile us to you, the God and Father of all.

He stretched out his arms upon the cross, and offered himself, in obedience to your will, a perfect sacrifice for the whole world.

On the night he was handed over to suffering and death, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore we proclaim the mystery of faith:

**Christ has died.
Christ is risen.
Christ will come again.**

The Presider continues:

We celebrate the memorial of our redemption, O Father, in this sacrifice of praise and thanksgiving. Recalling his death, resurrection, and ascension, we offer you these gifts.

Sanctify them by your Holy Spirit to be for your people the Body and Blood of your Son, the holy food and drink of new and unending life in him. Sanctify us also that we may faithfully receive this holy Sacrament, and serve you in unity, constancy and peace; and at the last day bring us with all your saints into the joy of your eternal kingdom.

All this we ask through your Son Jesus Christ. By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory are yours, Almighty Father, now and forever. **Amen.**

Presider And now, as our Savior Christ has taught us, we are bold to say,
All **Our Father, who art in heaven, hallowed be thy Name,
thy kingdom come, thy will be done, on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those who trespass against us.
And lead us not into temptation, but deliver us from evil.
For thine is the kingdom, and the power,
and the glory, for ever and ever. Amen.**

The Breaking of the Bread

The Presider breaks the consecrated bread. A period of silence is kept.

Presider Alleluia. Christ our Passover is sacrificed for us;

All **Therefore, let us keep the feast. Alleluia.**

Presider The gifts of God for the people of God. Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.

COMMUNION OF THE PEOPLE

Whoever you are and wherever you are on your journey of faith, you are welcome to receive the bread and wine of Christ's Body and Blood. The wine will be offered by intinction, which means that you may dip the wafer into the small cup of wine offered by the Deacon. Please do not put your fingers into the wine. If you do not wish to receive the wine, just receive the wafer and return to your seat. The Church teaches that you receive the fullness of Christ in either the bread or wine. There is no requirement to receive both. Gluten free wafers are available upon request.

Communion Music

Presider The Body of Christ, the bread of heaven.

Communicant **Amen.**

Deacon The Blood of Christ, the cup of salvation.

Communicant **Amen.**

CLOSING PRAYER

Presider Let us pray.

All **Eternal God, heavenly Father, you have graciously accepted us as living members of your Son our Savior Jesus Christ, and you have fed us with spiritual food in the Sacrament of his Body and Blood. Send us now into the world in peace, and grant us strength and courage to love and serve you with gladness and singleness of heart; through Christ our Lord. Amen.**

THE BLESSING

The blessing, mercy, and grace of God Almighty, the Father, the Son, and the Holy Spirit, be upon you, and remain with you forever. *Amen.*

Closing Hymn

Jesus, Lover of My Soul

H699

- 1 Jesus, Lover of my soul, let me to thy bosom fly,
while the nearer waters roll, while the tempest still is high:
hide me, O my Savior, hide, till the storm of life be past;
safe into the haven guide, O receive my soul at last.
- 2 Other refuge have I none, hangs my helpless soul on thee;
leave, ah! leave me not alone, still support and comfort me!
All my trust on thee is stayed; all my help from thee I bring;
- 3 Plenteous grace with thee is found, grace to cleanse from every sin;
let the healing streams abound, make and keep me pure within.
Thou of life the fountain art, freely let me take of thee:
spring thou up within my heart, rise to all eternity.

Deacon: Let us go forth into the world, rejoicing in the power of the Spirit. Alleluia!

Dismissal Response **Thanks be to God. Alleluia!**

Postlude

Please remain in your seat until the videographer raises an arm to indicate the recording has ended.

Thank you for worshipping with us today!

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Family & Friends Prayer List

Dell Davis for healing and recovery
Sheryl Cooper for healing and comfort
Courtney Davison recovery and strength
Kathryn Bradford for strength and healing
Owen Masick for healing and comfort

The above name will stay on this list for up to four weeks. If someone needs to remain on this list for a longer period, or to have others added to this list, please contact the church office.

Ongoing List

Calvin Werbelow
George Toschak
Becky Thomas
Hartley Bennett
Sandy Schlege, Betty Hanson
All first responders
All Healthcare workers
All funeral directors and staff
Peace for the people of Gaza, Israel, Ukraine and Russia

Military Prayer List

All members of the Armed Forces, especially those serving overseas

U.S. Air Force	Colby	Harlan
	KayLee	Thomas
U.S. Army	Andrew	
U.S. Navy	Caleb	Landon

Lord Jesus Christ, Good Shepherd of the sheep, you gather the lambs in your arms and carry them in your bosom;

Worship Ministry

Sunday 8/04	Rev. Fr. Mike Seiler
Acolyte	Michael Campbell
Altar Guild	Dave Loder
Usher	Linda Brockwell
Lector	Caroline Markham
Bishop's Committee	Caroline**/Erica
Sunday 8/11	Rev. Fr. Mike Seiler
Acolyte	Michael Campbell
Altar Guild	Caroline Markham
Usher	Linda Brockwell
Lector	Dave Loder
Bishop's Committee	Kelly**/Sam

Prayer Service Schedule

Morning Prayer - Wednesday-Friday 7:30 am - Church
Morning Prayer and Breakfast - Second Thursday in the month - 7:30 am
Anglican Rosary - Every Thursday at 1pm in the St. Alban's Chapel
Taizé Service - 1st Wednesday of the month at 6:00 pm in the church

Announcements

Coffee Hour - ECW

Upcoming:

8/07 Taizé Service 6 pm
8/08 Morning Prayer and Breakfast 7:30 am
8/11 BCM Meeting
8/18 Eucharist with Healing Prayer
8/18 Parish Nurse
8/26 Newsletter articles are due

Reminding everyone that *Adult Forum* at 9:15 in the Parish Hall. All are welcome.

Project SALT Food for 8/11: Toilet Paper, Paper Towels, Kleenex

Project SALT Peanut Butter/Jelly Drive

When: Every Sunday through August

Goal: 7 Jars each Peanut Butter & Jelly every Sunday

Please let the office know if you are not receiving either the newsletter or bulletins

We have purchased re-usable grocery bags, partly funded by ECW to gently remind you when purchasing groceries for your family to include an item or two for the food insecure here in Wickenburg.



Administration

Bishop	The Rt. Rev. Jennifer Reddall
Vicar	The Rev. Mike Seiler
Deacon	The Rev. Debra Loder
Music Director	Caroline Marham
Office Manager	Ellen Richards
Senior Warden	Kelly Ryan
Junior Warden	Fred Poteet
Treasurer	Linda Brockwell

Members-at-Large

Erica Baxter Randy Brown Patti Glinski
Caroline Markham Deb McBride

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Office Hours Monday - Thursday 8-12 am

Mike's Hours Wednesday - Saturday 10:30 - 4:30.

Sunday after service by appointment.

Deacon Debra by appointment.