



# Sunday Proper 11

July 21, 2024

Prelude

*Please stand as you are able*

**Processional Hymn**

**Shepherd of Souls, Refresh and Bless**

**H343**

1 Shepherd of souls, refresh and bless  
thy chosen pilgrim flock  
with manna in the wilderness,  
with water from the rock.

2 We would not live by bread alone,  
but by thy word of grace,  
in strength of which we travel on  
to our abiding-place.

3 Be known to us in breaking bread,  
and do not then depart;  
Saviour, abide with us, and spread  
thy table in our heart.

*Deacon* Blessed be God, Father, Son, and Holy Spirit.

**All** **And blessed be God's kingdom, now and forever. Amen**

*Deacon* Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid. Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy name; through Christ our Lord. Amen.

**All** **Glory to God in the highest, and peace to his people on earth. S280**

**Lord God, heavenly King, almighty God and Father,  
we worship you, we give you thanks, we praise you for your glory.**

**Lord Jesus Christ, only Son of the Father,**

**Lord God, Lamb of God, you take away the sin of the world:  
have mercy on us;**

**you are seated at the right hand of the Father:**

**receive our prayer.**

**For you alone are the Holy One,**

**you alone are the Lord,**

**you alone are the Most High, Jesus Christ,**

**with the Holy Spirit, in the glory of God the Father. Amen.**

*Deacon* The Lord be with you.

**People** **And also with you.**

*Deacon* Let us pray.

Almighty God, the fountain of all wisdom, you know our necessities before we ask and our ignorance in asking: Have compassion on our weakness, and mercifully give us those things which for our unworthiness we dare not, and for our blindness we cannot ask; through the worthiness of your Son Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. **Amen.**

*Please be seated*

## The First Lesson Jeremiah 23: 1-6

Lay Reader A reading from the Book of the Prophet Jeremiah...

Woe to the shepherds who destroy and scatter the sheep of my pasture! says the LORD. Therefore thus says the LORD, the God of Israel, concerning the shepherds who shepherd my people: It is you who have scattered my flock, and have driven them away, and you have not attended to them. So I will attend to you for your evil doings, says the LORD. Then I myself will gather the remnant of my flock out of all the lands where I have driven them, and I will bring them back to their fold, and they shall be fruitful and multiply. I will raise up shepherds over them who will shepherd them, and they shall not fear any longer, or be dismayed, nor shall any be missing, says the LORD. The days are surely coming, says the LORD, when I will raise up for David a righteous Branch, and he shall reign as king and deal wisely, and shall execute justice and righteousness in the land. In his days Judah will be saved and Israel will live in safety. And this is the name by which he will be called: "The LORD is our righteousness." ...The Word of the Lord...

**All Thanks be to God.**

### Psalm 23

- 1 The Lord is my shepherd; \*  
**I shall not be in want.**
- 2 He makes me lie down in green pastures \*  
**and leads me beside still waters.**
- 3 He revives my soul \*  
**and guides me along right pathways for his Name's sake.**
- 4 Though I walk through the valley of the shadow of death, I shall fear no evil; \*  
**for you are with me; your rod and your staff, they comfort me.**
- 5 You spread a table before me in the presence of those who trouble me; \*  
**you have anointed my head with oil, and my cup is running over.**
- 6 Surely your goodness and mercy shall follow me all the days of my life, \*  
**and I will dwell in the house of the Lord for ever.**

## The Second Lesson Ephesians 2: 11-22

Lay Reader A reading from Paul's Letter to the Ephesians...

So then, remember that at one time you Gentiles by birth, called "the uncircumcision" by those who are called "the circumcision" — a physical circumcision made in the flesh by human hands — remember that you were at that time without Christ, being aliens from the commonwealth of Israel, and strangers to the covenants of promise, having no hope and without God in the world. But now in Christ Jesus you who once were far off have been brought near by the blood of Christ. For he is our peace; in his flesh he has made both groups into one and has broken down the dividing wall, that is, the hostility between us. He has abolished the law with its commandments and ordinances, that he might create in himself one new humanity in place of the two, thus making peace, and might reconcile both groups to God in one body through the cross, thus putting to death that hostility through it. So he came and proclaimed peace to you who were far off and peace to those who were near; for through him both of us have access in one Spirit to the Father. So then you are no longer strangers and aliens, but you are citizens with the saints and also members of the household of God, built upon the foundation of the apostles and prophets, with Christ Jesus himself as the cornerstone. In him the whole structure is joined together and grows into a holy temple in the Lord; in whom you also are built together spiritually into a dwelling place for God... The Word of the Lord...

**All Thanks be to God.**

*Please stand as you are able*

1 Just as I am, without one plea,  
but that thy blood was shed for me,  
and that thou bidd'st me come to thee,  
O Lamb of God, I come, I come.

2 Just as I am, though tossed about  
with many a conflict, many a doubt;  
fightings and fears within, without,  
O Lamb of God, I come, I come.

5 Just as I am, thy love unknown  
has broken every barrier down;  
now to be thine, yea, thine alone,  
O Lamb of God, I come, I come.

*Deacon* The Holy Gospel of our Lord Jesus Christ according to Mark.  
**All** **Glory to you, Lord Christ.**

### **Gospel Mark 6: 30-34, 53-56**

The apostles gathered around Jesus, and told him all that they had done and taught. He said to them, "Come away to a deserted place all by yourselves and rest a while." For many were coming and going, and they had no leisure even to eat. And they went away in the boat to a deserted place by themselves. Now many saw them going and recognized them, and they hurried there on foot from all the towns and arrived ahead of them. As he went ashore, he saw a great crowd; and he had compassion for them, because they were like sheep without a shepherd; and he began to teach them many things. When they had crossed over, they came to land at Gennesaret and moored the boat. When they got out of the boat, people at once recognized him, and rushed about that whole region and began to bring the sick on mats to wherever they heard he was. And wherever he went, into villages or cities or farms, they laid the sick in the marketplaces, and begged him that they might touch even the fringe of his cloak; and all who touched it were healed.

*Deacon* The Gospel of the Lord.  
**All** **Praise to you, Lord Christ**

*Please be seated*

**Sermon**

**Reverend Debra Loder**

### **The Nicene Creed**

**We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried, On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end. We believe in the Holy Spirit, the Lord and giver of life, who proceeds from the Father and the Son. With the Father and the Son he is worshiped and glorified. He has spoken through the Prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.**

## A LITANY FOR HEALING

Leader God the Father, your will for all people is health and salvation;  
**People We praise you and thank you, O Lord**  
Leader God the Son, you came that we might have life, and might have it more abundantly;  
**People We praise you and thank you, O Lord**  
Leader God the Holy Spirit, you make our bodies the temple of your presence;  
**People We praise you and thank you, O Lord**  
Leader Holy Trinity, one God, in you we live and move and have our being;  
**People We praise you and thank you, O Lord**  
Leader Lord, grant your healing grace to all who are sick, injured, or disabled, that they may be made whole;  
**People Hear us, O Lord of life.**  
Leader Grant to all who seek your guidance, and to all who are lonely, anxious, or despondent, a knowledge of your will and an awareness of your presence;  
**People Hear us, O Lord of life.**  
Leader Mend broken relationships, and restore those in emotional distress to soundness of mind and serenity of spirit;  
**People Hear us, O Lord of life.**  
Leader Bless physicians, nurses, and all others who minister to the suffering, granting them wisdom and skill, sympathy and patience;  
**People Hear us, O Lord of life.**  
Leader Grant to the dying peace and a holy death, and uphold by the grace and consolation of your Holy Spirit those who are bereaved;  
**People Hear us, O Lord of life.**  
Leader Restore to wholeness whatever is broken by human sin, in our lives, in our nation, and in the world;  
**People Hear us, O Lord of life.**  
Leader You are the Lord who does wonders:  
**People You have declared your power among the peoples.**  
Leader With you, O Lord, is the well of life:  
**People And in your light we see light.**  
Leader Hear us, O Lord of life:  
**People Heal us, and make us whole.**

*A period of silence follows. The Celebrant concludes the Prayers with the following:*

*Deacon* O Lord our God, accept the fervent prayers of your people; in the multitude of your mercies, look with compassion upon us and all who turn to you for help; for you are gracious, O lover of souls, and to you we give glory, Father, Son, and Holy Spirit, now and forever. Amen

**People Amen.**

*The minister may invite each person to be anointed to give their name and any particular request for prayer. The minister then lays hands upon the person and anoints them. The minister concludes with the following:*

*Deacon* May God who is a strong tower to all, to whom all things in heaven and on earth bow and obey, be now and evermore your defense, and help you to know that the name given to us for health and salvation is the Name of our Redeemer, Jesus Christ.

**People Amen**

*Deacon* The peace of the Lord be always with you.

**All And also with you.**

**Congregational Song**      **Let There Be Peace on Earth** (text located on the back page of the hymnal)

## THE SERVICE OF THE TABLE

*Please stand or kneel as you are able for the Eucharistic prayer.*

*Offertory Sentence "Offer to God a sacrifice of Thanksgiving and make good your vows to the Most High"*

*Offertory Music*

**All**            **Praise God from whom all blessings flow;  
Praise Him all creatures here below;  
Praise Him above ye, Heavenly host;  
Praise Father, Son, and Holy Ghost. Amen.**

*Deacon*        The Lord be with you.

**All**            **And also with you.**

*Deacon*        Lift up your hearts.

**All**            **We lift them to the Lord.**

*Deacon*        Let us give thanks to the Lord our God.

**All**            **It is right to give God thanks and praise.**

*The Deacon proceeds:*

Almighty Father, whose dear Son, on the night before he suffered, instituted the Sacrament of his Body and Blood: Mercifully grant that we may receive it thankfully in remembrance of Jesus Christ our Lord, who in these holy mysteries gives us a pledge of eternal life.

May this sacrament of praise and thanksgiving bring us forgiveness of our sins, strength in our weakness and everlasting salvation. Assure us of your mercy, and sanctify us by your heavenly grace; that we, approaching you with a pure heart and cleansed conscience, may offer you ourselves, our souls and bodies, to your glory. Blessed be your holy name for ever, through Jesus Christ our Lord.

**All**            **Amen.**

*Deacon*        And now, as our Savior Christ has taught us, we are bold to say,

**All**            **Our Father, who art in heaven, hallowed be thy name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, the power, and the glory, for ever and ever. Amen.**

*Deacon*        The gifts of God for the people of God. Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.

## COMMUNION OF THE PEOPLE

*Everyone is welcome to receive the bread and wine of Christ's Body and Blood. The wine will be offered by intinction, which means that you may dip the wafer into the small cup of wine offered by the Deacon. Please do not put your fingers into the wine. If you do not wish to receive the wine, just receive the wafer and return to your seat. The Church teaches that you receive the full Christ in either the bread or wine. There is no requirement to receive both. **Gluten free wafers are available upon request.***

*Deacon*            The Body of Christ, the bread of heaven.

**Communicant**    **Amen.**

*Deacon*            The Blood of Christ, the cup of salvation.

**Communicant**    **Amen.**



## CLOSING PRAYER

*Deacon*

Let us pray.

**All**

**Eternal God, heavenly Father, you have graciously accepted us as living members of your Son our Savior Jesus Christ, and you have fed us with spiritual food in the Sacrament of his Body and Blood. Send us now into the world in peace, and grant us strength and courage to love and serve you with gladness and singleness of heart; through Christ our Lord. Amen.**

## THE BLESSING

May the love of the Father enfold us, the wisdom of the Son enlighten us, the fire of the Spirit inflame us; and may the blessing of God rest upon us and abide with us, now and evermore. **Amen.**

**Closing Hymn**

**O For A Thousand Tongues To Sing**

**H493**

- 1 O for a thousand tongues to sing  
my dear Redeemer's praise,  
the glories of my God and King,  
the triumphs of his grace!
- 2 My gracious Master and my God,  
assist me to proclaim  
and spread through all the earth abroad  
the honors of thy Name.
- 4 He speaks; and, listening to his voice,  
new life the dead receive,  
the mournful broken hearts rejoice,  
the humble poor believe.

*Deacon*

Let us go forth in name of Christ. Alleluia!

**All**

**Thanks be to God. Alleluia!**

Postlude

Please remain in your seat until the videographer raises an arm to indicate the recording has ended.

***Thank you for worshipping with us today!***

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# What is Taizé Prayer?



Taizé Prayer is evening prayer. It is a meditative form of worship, that uses meditative songs; prayer, both silent and intercessory; and scripture readings to help us focus on Christ's presence within us, and all around us. The service takes place in a candle-lit environment that helps calm us from the anxieties of the day, so that we can come before God and rest in the presence of the Almighty.

Taizé Prayer is evening prayer for all Christian faiths, and helps to remind us that God is larger than our denominational differences. In Taizé Prayer, we can settle into God's presence as believers of all faiths, who seek to hear from God. As we pray silently, or as we offer intercessions for the church, the world, and our neighbors, we begin to realize that we are all one family in God, and that all of us are welcome in God's presence. Scripture readings allow us to contemplate God's word, and to be shaped by that Truth.

The service at St. Alban's is structured to be free flowing. While the service officially begins at 6:00pm, you may arrive at any time. Please enter the church in silence. If you need to leave before the service wraps up, please leave in silence, so those that remain may continue in prayer.

Taizé Prayer is named for the ecumenical Christian community formed in Taizé, France during World War II. Today the Taizé community includes brothers from all Christian denominations, including Protestant, Catholic, and Orthodox traditions.





## Family & Friends Prayer List

Ellie Nolan for recovery and strength  
Kathryn Bradford for strength and healing  
Hargrave family for peace and comfort  
Owen Masick for healing and comfort  
*The above name will stay on this list for up to four weeks. If someone needs to remain on this list for a longer period, or to have others added to this list, please contact the church office.*

## Ongoing List

Calvin Werbelow  
George Toschak  
Becky Thomas  
Hartley Bennett  
Sandy Schlege, Betty Hanson  
All first responders  
All Healthcare workers  
All funeral directors and staff  
Peace for the people of Gaza, Israel, Ukraine and Russia

## Military Prayer List

All members of the Armed Forces, especially those serving overseas

<b>U.S. Air Force</b>	Colby	Harlan
	KayLee	Thomas
<b>U.S. Army</b>	Andrew	
<b>U.S. Navy</b>	Caleb	Landon
	McKenzie	

## Worship Ministry

<b>Sunday 7/21</b>	<b>Rev Debra Loder</b>
Acolyte	Michael Campbell
Altar Guild	Erica Baxter
Usher	John Carr
Lector	Joe Stevens
Bishop's Committee	Kelly/Caroline**

<b>Sunday, 7/30</b>	<b>Rev Mike Seiler</b>
Acolyte	Michael Campbell
Altar Guild	Mary Piccinini
Usher	Linda Brockwell
Lector	Kathleen O'Hagan
Bishop's Committee	Randy/Erica**

## Prayer Service Schedule

Morning Prayer - Wednesday-Friday 7:30 am  
Morning Prayer and Breakfast - Second Thursday in the month - 7:30 am  
Anglican Rosary every Thursday @ 1 pm in the Chapel  
Taizé Service - 1<sup>st</sup> Wednesday of each month in the church at 6 pm

## Announcements

Coffee Hour - ECW



Upcoming:

7/27 Mike's Ordination  
8/04 Birthday Celeb  
8/04 Rustic Ranch Service @ 1 pm  
8/07 Taize Prayer Service @ 6 pm  
8/08 Morning Prayer & Breakfast @ 7:30  
8/18 Parish Nurse  
8/24 September news articles are due  
8/25 SALT Luncheon  
No BCM or ECW Meetings

Reminding everyone that *Adult Forum* at 9:15 in the Parish Hall. All are welcome.

Project SALT Food for 7/28: Pasta, Rice Pasta Mixes  
Rice Mixes

*Project SALT Peanut Butter/Jelly Drive*  
*When: Every Sunday through August*  
*Goal: 7 Jars each Peanut Butter & Jelly every Sunday.*

Birthday Celebration- If we haven't added your name(s) to our list, please send us that information. (Just need mo/day)



## Administration

*Bishop*  
*Deacon/ Vicar*  
*Deacon*  
*Music Director*  
*Office Manager*  
*Senior Warden*  
*Junior Warden*  
*Treasurer*

**The Rt. Rev. Jennifer Reddall**  
**The Rev. Mike Seiler**  
**The Rev. Debra Loder**  
**Caroline Marham**  
**Ellen Richards**  
**Kelly Ryan**  
**Fred Poteet**  
**Linda Brockwell**

## Members-at-Large

*Erica Baxter Randy Brown Patti Glinski*  
*Caroline Markham Deb McBride*

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**Office Hours** Monday - Thursday 8-12 am

**Mike's Hours** Wednesday - Saturday 10:30 - 4:30.

Sunday after service by appointment.

**Deacon Debra** by appointment.